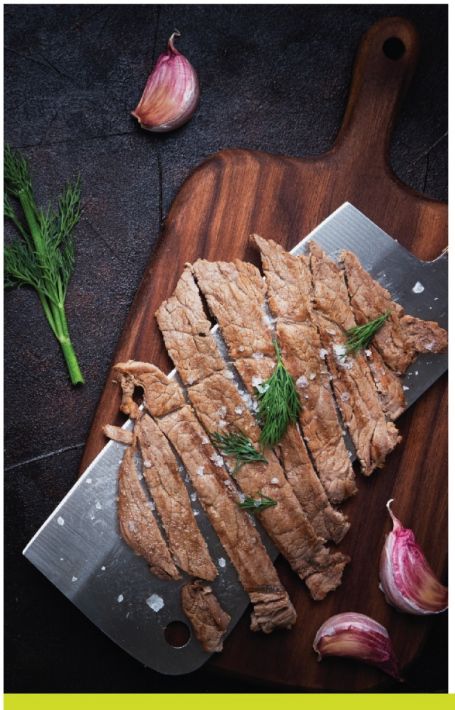
Tucán Newsletter

August 2021

Picture courtesy of **@olmedoguillen**



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What's happening at Tucán Golf Club in August?

Events in the month of August:

On Saturday, August 21st, the U.S. Kids Golf tournament will take place at our facilities starting from 10 a.m. It will be a join effort with Panama Golf Association (APAGOLF),

Also, the U-18 ranking will take place on August 28th and 29th, starting at 10 a.m . We remind resident golfers that the outings will be by tee-time.

Updates on the repairs of Holes 5 and 17:

Repairs on the bridges close to holes 5 and 17 continue. They will remain closed until further notice due to structural damage.

We appreciate your comprehension.

Golf lessons exclusively for residents:

We also remind any resident interested in learning how to play this magnificent sport that we offer individual classes and clinics with "Flight Scope" technology.

Not to mention our team of experience and professional instructors.

For more information contact us:

Phones: 316-4133 316-GOLF **Whatsapp:** 6151-3650 **Web:** tucangolf.club

Events in August

Saturday, August 7th
Foundation of the Darien Province

Sunday, August 8th
International Cat Day

Monday, August 9th
Lawyer´s Day
International Day of Indigenous Populations

Thursday, August 12th
International Youth Day

Sunday, August 15th
Foundation of Panama La Vieja
Inauguration of the Panama Canal

Thursday, August 19th
World Photography Day

Sunday, August 22th
World Folklore Day

Sunday, August 29th
Reforestation Day

Tuesday, August 31th
International Day of Solidarity

Tucán Country Club
Garage Sale!

Saturday, August 21th

If you are an owner or resident on Tucan you have a unique opportunity to earn money by selling something you do not use or buying something at a good price.

In order to participate in the next Garage Sale in August, please contact us:

6450-2730
6211-8943

Dear Residents:

We take this opportunity to inform you that due to logistical issues, recyclable products will be collected on Fridays every week .

We ask our terraces and villa residents to leave your recyclables on your parking place, protected from the rain, on the day of collection.

Thank you.

Blues & BARBECUE Afternoon

Recognized by the Food Network's Guy Fieri as one of the best barbecue cooks in the United States, Wilson's BBQ will delight your palate with some of its delicious and internationally renowned dishes.

Date:
Saturday, August 7th

Hour:
Since 3:00 pm

Place:
Mahogany Social Area
Maximum capacity 100 people

We will have the participation of HOROKO Restaurant & Bar

Residents, please RSVP at 6224-7777

Inviting:

Tucán Country Club & Resort Panamá

HOROKO AUTOCINE & MULTIEVENTOS
Tucán Country Club & Resort

Capture the Moment

A space reserved for the photographic talent of our community.

Congratulations to **@olmedoguillen**, who with his camera manages to capture this beautiful perspective of the sky, the mountains, the passage of a ship through the locks and our green areas. Excellent composition and framing!

This time **@mailorain** gives us another beautiful photograph. Note the harmony of the purple tones above and the green below. And the contrast with the warm red of the flower in the foreground. Beautiful and nostalgic at the same time!

Attentive to detail and with a camera in hand, **Anna Balevich de Álvarez** manages to capture not only this beautiful specimen of Toucan, but also the balance between the natural greenery and the pastels of our residential area.

Ana María Batistini gives us this warm view of the residential area, the Canal Locks and Panama City. An intimate photo that invites contemplation by placing the casual observer as a silent protagonist.

If you want to contribute your talent in the following edition, send us your photo: 6090-9958

The Great Savanna Oak

The wonderful oaks symbolize physical and spiritual strength during the summer and embellish the landscape with their pink flowers.

The Oak is from the same botanical family: Bignoniaceae, scientific name: Tabebuia rosea: it reaches 15 to 30 m high and diameters up to 90 cm with a straight trunk. We can find it from Mexico to Colombia and Venezuela in both, humid or dry forests.

Its leaves, composed of 5 smooth-edged leaflets arranged like a hand, fall off during the dry season. It blooms from February to April when its leaves fall. The flowers are very attractive, white or pink in color, and are frequently visited by bees.

The fruits ripen in April and May. They are cylindrical capsules, 30-40 cm long, that open longitudinally exposing more than 250 membranous light brown seeds with white wings.

The Mayans considered these trees sacred. The inner bark of these trees has been used for centuries in folk remedies.

We brought a young Savannah Oak for our beautiful Tucan as a symbol of hope for those people who have lost their Loved Ones during this Pandemic. It has been planted near the Chapel, on the highest, most serene point of our Golf Course. It will be the guardian of peace and freedom and it emanates courage, strength and majesty and it will be a representative of Life in Evolution.

The Common Beautification Committee will be organizing efforts with volunteers who would like help planting a beautiful flower garden around this Oak , right at the foot of the trunk as a sign of strength and to host of good deities.

Remember to write to us to be part of our activities.

If you want to share with us the care of the plants of our Nursery Tucán write us:
embellecimientoscomunes@gmail.com

Contact numbers:

Whatsapp: (+506) 8707 2909

Calls: (+507) 6780 8886

Katherine Solano

6 ways your cat says how much he/she loves you

Article by Raúl Donoso

01 **When it purrs.** This sound so characteristic of felines indicates satisfaction. If your cat rubs next to you at the same time, they usually want to show their affection, although sometimes they might also do it when they want food or attention.

02 **When it lifts his/her tail pointing up.** This posture is very positive as it expresses joy and tranquility. If your cat has this habit it means that he/she feels very comfortable at home in company of the people who live in it.

03 **When he/she stares at your face and blinks slowly.** This gesture means "I love you" in cat language. If you want to tell your cat that you also love him/her too, you can repeat the gesture with a smile without showing your teeth.

04 **When it rubs against you.** Smell is a very important sense for cats. It is for this reason that it often marks its scent by rubbing with the people he/she likes or objects. This is a way of telling other cats that something or someone belongs to them. That the person is close to him/her . House cats also do this to greet their owners, get attention, or ask you to feed them.

05 **When it lies down on the floor and shows you his/her tummy.** This curious movement is the way cats greet each other. In nature, the neck and abdomen are soft parts that predators attack to kill their prey when exposed, so cats express full trust with their owners by letting their guard down. Now, this does not mean that the kitten wants to be stroked on the belly. This depends on the cat, although most do not like it very much.

06 **When they bring you bugs and leave them on the ground next to you.** This can be uncomfortable and somewhat gross for some pet owners, but it is actually a sign of how much love and appreciates your care. By sharing what he hunts, your cat want you to know that he/she is very grateful for all the food, love and attention he/she receive. Do not scold him/her, better pick up the bug with a napkin or cloth and after stroking your cat's head you can throw it away when it does not see you.

"Always remember that a meow is a good massage to the heart".

4 panamanian´s folkloric festivals

Congos and Diablicos Festival - Portobelo, Colon Province

This festival, which takes place every 2 years, is one of the most important and colorful expressions of Afro-Caribbean culture in our country.

It is a representation of the fight of good against evil, where the Congos personify the slaves brought from Africa who managed to escape from their oppressors, while the Diablicos are the incarnation of the slave-owning oppressors.

Torito Guapo Festival - Anton, Cocle Province

In this colorful festival, a man dressed as a bull and walks through the streets dancing, jumping and pretending to attack anyone who crosses his path.

The "Handsome Bull" is accompanied by a procession of musicians and people who dance around it, enlivening everything in its path.

National Pollera Festival - Las Tablas, Los Santos Province

Once a year, every July 22, the streets of Las Tablas are adorned with dozens if not hundreds of women of all ages dressed in a colorful Pollera costume.

The entire town seems to be bathed in butterflies as the women dance with their skirts to the rhythm of drums, accordions and other musical instruments.

National Festival of Mejorana - Guarare, Los Santos Province

Known by many Panamanians as the highest expression of national Folklore, the Mejorana Festival brings together different typical groups from all over the country every september.

It includes folk dances, "Decima" singers, accordion and drum playing, bullfights, oxcart parade, dances and popular performances.

CAPRESE SALAD

This Mediterranean salad is not only delicious and healthy, but also very easy to prepare. It is for all these reasons that it is not surprising that it is one of our most popular dishes.

The secret of this dish is to prepare it at the moment of consumption to maintain the freshness of its ingredients.

This detail not only highlights the flavor and freshness of the ingredients, but also enhances the presentation while maintaining those vibrant colors so characteristic of tomato, basil and buffalo mozzarella cheese, respectively.

Are you ready? Alright, let's get started.

Contact us through Whatsapp (+507) 6114-2042 and we'll prepare it for you with pleasure.

Chef José Aparicio
Manager at Horoko Restaurant & Bar

Ingredients:

- 4 oz sliced buffalo mozzarela
- 4 oz sliced ripe tomato
- 4 fresh basil leaves
- 1 pinch of salt
- 1 pinch of freshly grounded pepper
- 1 pinch of oregano
- 1 tsp basil pesto

Preparation:

1. Place the tomato and mozzarella in a bowl.

2. Add the basil pesto, oregano, pepper, salt, olive oil and mix gently.

3. Now, place the ingredients on a cold plate starting with the tomato, then the cheese and finally the basil leaf. Repeat the process one on top of the other until the ingredients are all used.

4. Then take the remaining juice from the bowl and bathe the salad with it.

Order via Whatsapp
+507 6114-2042

FREE DELIVERY
with a minimum order of $ 10.00

Harmony
Beauty Salon & Spa

Book your appointment

6206-5775 316-0641

Panamá - Cocolí - Calle El Tucán - Inside Tucán Country Club

If you are part of the Tucan family, contact us.
We have exclusive offers for you.

Nicanor de Obarrio St. (50 St.) with 56 East St.
392-2471 6207-3806 / 6450-2730 gerencia@corsettidesign.com

corsettidesign.com

Dear Residents and Golfers

The construction of our new Sports-Bar **19th Hole** at Tucán Golf Club continues. Once finished, it will have an exclusive gastronomic offer for all our residents and golfers.

Its modern two-level design and pleasant atmosphere its ideal to enjoy and taste delicious dishes and cocktails with your family and friends.

The first level will be a cozy closed room with tables and a bar area, while the second floor will be open and will have an elegant Roof Top with a dinning area, bar, and the best view of our Golf Course and the Panama Canal.

We will realese the opening date soon...